



Sizing between different manufacturers varies. Unless you have worn one of our garments before or can try the garment on there is a chance that you will order the wrong size. For this reason we are happy to send sample garments to customers so that all team members can try the garments on to check sizing and fit.

The information below is provided to assist you in getting the right size. The following tables are to be used as a guide only. Measurements and sizes indicated are approximate figures.

## POLO / T SHIRT Ladies

| SIZES                         | 8     | 10    | 12     | 14      | 16      | 18      | 20      |
|-------------------------------|-------|-------|--------|---------|---------|---------|---------|
| Full Garment Width<br>in cm's | 94    | 98    | 104    | 110     | 116     | 122     | 128     |
| To Fix (Approx)<br>Chest (cm) | 88-92 | 90-96 | 97-102 | 103-107 | 108-114 | 115-118 | 119-122 |

Body Measurements (cm)

## POLO / T SHIRT Unisex Adult

| SIZES                         | 16/XS | S      | M       | L       | XL      | 2XL     | 3XL     | 4XL     |
|-------------------------------|-------|--------|---------|---------|---------|---------|---------|---------|
| Full Garment Width<br>in cm's | 102   | 106    | 112     | 118     | 124     | 130     | 138     | 142     |
| To Fix (Approx)<br>Chest (cm) | 90-96 | 97-100 | 101-106 | 108-112 | 113-118 | 119-124 | 125-132 | 133-136 |

Body Measurements (cm)

## POLO / T SHIRT Unisex Kids

| SIZES                         | 8     | 10    | 12    | 14    |
|-------------------------------|-------|-------|-------|-------|
| Full Garment Width<br>in cm's | 80    | 84    | 90    | 94    |
| To Fix (Approx)<br>Chest (cm) | 68-74 | 72-78 | 79-84 | 85-88 |

Body Measurements (cm)